



Wahiawa Konko Mission Children's Newsletter



Happy Grandparent's Day 9/9/18

Konko Mission of Wahiawa
207 Muliwai Avenue, Wahiawa, HI. 96786
☎ & 傳 : (808) 621-6667 Cell: (808) 223-3448
✉ ednakazuko@hotmail.com URL: <http://konkomissionshawaii.org/WahiawaMain.htm>



September 2018, Volume 26, No. 297

WAHIAWA KONKO MISSION MONTHLY SCHEDULE

September 2018

- 1 Sat -**Monthly Service for Tenchi Kane No Kami-Sama**
(7:30 pm) 天地金乃神様 月例祭
- 2 Sun -Sunday Service (9 am)
- 3 Mon -Labor Day Holiday!
- 8 Sat -Church clean-up (9 am)
- 9 Sun -**Monthly Svc. Founder, Ikigami Konko Daijin-Sama**
(9:00 am) 生神金光大神様 月例祭 *Share Okage (till 11 am)
-Happy Grandparent's Day!
- 14 Fri -Monthly Volunteer @Wahiawa Gen. Hosp. (10-10:45 am)
- 16 Sun -Sunday Service (9 am)
-Honolulu Church Autumn Memorial Svc. (10 am)
- 22 Sat -Church clean-up (9 am) *Chorus practice at HNL (2-4 pm)
- 23 Sun -**Autumn Memorial Service 秋季靈祭 (10 am)**
- 28 Fri -Church clean-up (9 am)
- 29 Sat -Ehimemaru Memorial Clean-up (9 am)
-HCRP: Kaka'ako Waterfront Park Clean-up (10-11:30 am)
- 30 Sun -Sunday Service (9 am) *Share Okage till 11 am
-204th Birthday of Konko Daijin (9/29/1814)
-Rev. Rodney and Fong will visit from SF till 10/10.

October 2018

- 1 Mon -**Monthly Service for Tenchi Kane No Kami-Sama**
(7:30 pm) 天地金乃神様 月例祭
- 6 Sat -Church clean up for Autumn Grand Ceremony (8 am)
-"Okage wa Wagakokoro ni Ari" Movie KIKU TV (7 pm-9 pm)
- 7 Sun -Sunday Service (9 am)
-Honolulu Church Autumn Grand Ceremony (11 am)
- 13 Sat -**Autumn Grand Ceremony (6:30 pm)**
生神金光大神様 御大祭 *Naorai dinner will follow
- 14 Sun -Waipahu Church Autumn Grand Ceremony (11 am)

Sunday School Oath

I will advance my faith through understanding the Founder's teachings and will strive to become a more useful person to society.

Sincerity is the essence of my faith, and its basic principles are courtesy, kindness, and devotion in everything I do.



Autumn Memorial Service

Date: Sunday, September 23, 2018

Time: 10:00 a.m. at the Wahiawa Church

Memo: Naorai fellowship lunch will follow



Let us remember the very people who laid the foundations of our existence. We are here because of our ancestors. We must give thanks for this truth and honor their Mitama Spirit. Your presence at the service is important for the continual salvation of your deceased loved ones. If you wish to have your deceased loved ones remembered, please register their names to Yano Sensei by Thursday, September 20. He will be reciting their names during the memorial service.

Konko Daijin says... "No matter how high your piles of offenses are, it can be cleared away through faith. Kami will clear away the offenses and curses accumulated since your ancestors." (GII Konko Hagio 2)

Editor's thoughts: Practicing the Konko faith can help to clear away accumulated offenses. But it's not as easy as dedicating yourself to Konkokyo and you are automatically cleared of offenses. It requires serious self reformation, self reflection, sincere apology and a lot of effort to change the self that had done wrong. Cumbersome? Maybe to some, but is it worth it? Definitely! We all make mistakes in life. Every thing we did or didn't do has lead up to the situation we are currently in. If you are happy where you are at, that's great! Keep on giving thanks to Kami-Sama for the blessings you have received. If you wish to improve yourself, keep on giving thanks for the blessings you have received, and above that pray to be a better person. And make that extra effort to study the Konko teachings and put them into practice. Your life will change!

Autumn Grand Ceremony

For our Founder, Ikigami Konko Daijin-Sama

Date: Saturday, October 13, 2018 @ 6:30 pm

Place: Konko Mission of Wahiawa

Speaker: Rev. Seiko Konko (Of Honolulu Church)

Memo: Naorai fellowship dinner will follow

Let's honor and appreciate our Founder, Ikigami Konko Daijin for paving the Way of Happiness and Blessings for all of us by being here on time and in person for this Grand Ceremony. All is welcome! *9 a.m. Naorai prep help needed.



Konko Mission of Wahiawa Annual Schedule for 2018

- 10/7 Sun -Honolulu Church Autumn Grand Service, 11:00 a.m.
- 10/13 Sat -Wahiawa Church Autumn Grand Service, 6:30 p.m.
- 10/14 Sun -Waipahu Church Autumn Grand Service, 11:00 a.m.
- 10/19 Fri -WGH monthly volunteer activity at 10: 00 a.m.
- 10/21 Sun -25th Annual HCRP Peace Prayer at Honolulu Church, 4 p.m.
- 10/28 Sun -Hilo Church Autumn Grand Service, 11:00 a.m.
- 11/3 Sat -Mini BAZAAR 10:00 a.m.-2:00 p.m.
- 11/4 Sun -Wailuku Church Autumn Grand Service, 11:00 a.m.
- 11/9 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 11/24 Sat -KMH Board of Trustees Meeting, 10:30 a.m.
- 11/25 Sun -21st Memorial Svc for the Late Rev. Kikue Kodama, 9 am
- 12/7 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 12/16 Sun -46th Year Mem. Svc. Late Rev. Haruko Takahashi, 10:00 a.m.
- 12/23 Sun -End of the Year Service 9:00 a.m.
- 12/30 Sun -27th Annual Mochi Pounding

Ehimemaru Memorial Bon Service performed by Rev. Yasuhiro Yano 8/12/18



Kilauea Disaster Fund Garage Sale a Big Success 8/18/18!!

Thank you to everyone who helped make our Kilauea Disaster Fundraising Garage Sale a big success! We were able to raise \$631.95. And we sent a check in the amount of \$650 to the American Red Cross Hawaii Chapter Disaster Fund! Thankfully the eruptions stopped!



Happy Birthday

To all the people born in the month of September!
Please continue to receive infinite divine blessings from
Tenchi Kane No Kami-Sama and
Ikigami Konko Daijin-Sama

Founder Konko Daijin 9/29/1814 (204th)
Rev. David Yano
Hope Morihara and Stacey Toma



Interfaith Community Clean-up Program



Date: Saturday, September 29, 2018

Time: 10:00 a.m. to 11:30 a.m.

Where: Kaka'ako Waterfront Park at 102 Ohe Street, Honolulu
Meet at the entrance area to the park.

What: Clean up the entire park

Contact: Yasuhiro Yano Phone: (808)-621-6667 or Email: yanoshima@toast.net

Note: Please wear comfortable clothes and a hat for the clean-up work. Gloves, trash bags, rubbish-pickers will be provided. Bottled water and canned juice will be available.

The Hawaii Conference of Religions for Peace (HCRP) has initiated the annual interfaith community cleanup program. The purpose of the program is to clean the entire Kaka'ako Waterfront Park, to help spread awareness of keeping Mother Earth healthy. Through this community clean-up project, we wish to show our gratitude for the blessings we enjoy from the land that can be called "home" for all people. Open to all!

Editor's Note

Dear Reader, I hope this September Children's Newsletter finds you in great health and happiness.

We literally dodged a bullet with that Hurricane Lane that was headed our way. It was a category 5 hurricane at one point.

I was so sure that this hurricane was going to blow our roof off. I was terrified. But my mom was chill. She just looked up to the sky and said from several days prior that the hurricane is not coming. She was right. But, nonetheless, we did as much prep as we could, just in case it did hit us. Hawaii as a whole prayed that the hurricane doesn't come, Kami-Sama surely answered our prayers. The shear winds near our islands seemed to have literally sliced that hurricane in two. We are blessed to have this natural hurricane defense system. Hurricane season is not over yet, so we can never be sure what the future holds, but I'm thankful for this day that this church still stands.

Our church held a garage sale on August 18 to raise funds for the Kilauea Volcano disaster on the Big Island. More than 700 homes have been destroyed. Lava was spewing out endlessly. However, it was very ironic that as soon as we announced our garage sale for the volcano disaster, the lava stopped coming out! So, for the time being, the volcano is silent. We would like to thank all the people who donated many goods to the church for this event and also to the helpers for the garage sale. Many people stopped by and purchased goods. We raised a total of \$631.95! We have written a check out for \$650 and mailed it out to the American Red Cross Hawaii Chapter—For Kilauea Volcano. Thank you all again for your help. Let's continue to pray for the people affected by the volcano AND other natural disasters that have been occurring rampantly.

Just recently, I noticed my co-worker's hair looked healthier with more volume and shine. So I asked her what she has been doing different. Then she said to me, "Edna, ever since you told me to talk to my hair, I have been doing so every day. I hold my hair to my nose, smell it and kiss it, muah, muah, muah! And say, 'I love you hair. You are so beautiful!' Ever since doing that, even my friends have been saying that my hair looks healthier and shiny."

I remember about a year ago, my friend was touching her hair and saying, "I hate my hair. It's so ugly. I'm thinning, and it's so dull and lifeless." Then she said to me, "Edna, you are so lucky. Why is your hair so thick, shiny, healthy, long and beautiful? What kind of shampoo or conditioner are you using?" I told her that I don't use any special products for my hair. But I do talk to it and kiss my hair. I say to it, "I love you, you are so beautiful! Muah muah muah!" And I said to my friend, "I'm pretty sure your hair doesn't like it when you think it looks ugly." When people make negative comments about my appearance, it's very heartbreaking and upsetting. Hair would feel the same way if it's called ugly; It would continue to be ugly. But with compliments and positive words, the energy in the hair will change.

Hearing this, my friend had been complimenting her hair



and saying "I love you" to it every day and giving it many kisses, too. Even I noticed the difference in her hair. She was so happy with the evident results of her hair, that she even started talking to other things, like her own SUV before she drives to places. She says, "Dear Sequoia, I love you. Thank you for safely taking me to places I need to go." And when she arrives to her destination, she again thanks her Toyota Sequoia for the safe arrival. I was amazed after hearing this from her because she is applying the concept of positive communication even with her SUV. I too talk aloud to my car before and after driving to places and say thank you for the safe trip because I really do appreciate my car. I love it!

Being mindful and appreciative of all the people and all the elements that sustain our lives is practicing faith. The Founder, Konko Daijin said, "Those who practice faith should feel gratitude even after sitting and resting on a tree stump in the mountains" (Gorikai II Unknown 23).

We pay money for our utilities, like electricity and water. Some people brag that they hardly have to pay anything for their electricity because they have Solar Panels installed on their rooftops. People think it's a given to have sunlight, rain and even air to breathe. But is it really? The sun is said to emit about 400,000,000,000,000 watts of light. How much do we pay the sun? Zero! It's a blessing of the great Universe, Tenchi Kane No Kami-Sama that enables us to live. The least we can do is pause in quiet reflection and truly give thanks for these blessings.

We breathe normally, but there are people out there that have to purchase oxygen in tanks in order to survive. We are actually so indebted to all these elements—both visible and invisible. So, take a deep breath of fresh air, and say, "Thank you for this air."

Communicating with your own body and its individual body parts and organs is an idea I have been trying to share with people when I get the chance to. This all happened several years ago when I was still a newbie nurse. Some of you may already know this story, but I'll give a recap of this amazing happening that took place.

One elderly patient I was assigned to had intractable pain throughout her body. She had cancer and several surgeries in the past. She had various surgical scars on her abdomen from different surgical procedures. She couldn't eat, nor could she walk around because she was in so much pain and her digestive system was exhausted. She even had a PCA (patient controlled analgesic) pump, which is on-demand morphine for patients with extreme pain and a TPN (total parenteral nutrition—aka: nutrition through your veins).

She called almost every hour for a clinician bolus, which was an extra dose of morphine that needed to be verified with two nurses for breakthrough pain. She was already getting a high dose of morphine, but it was not enough to control her pain for extended periods of time.

During one of those occasions of delivering a clinician bolus of morphine, the patient asked me, "Edna, why is it that the morphine works throughout my body, except for my

shoulder and elbow?" I explained that IV medications are systemic, so the effects of it should be felt throughout her body, wherever pain exists. But she kept asking "Why?" Then I asked her, "Have you asked your shoulder and elbow?" I don't have the answer to that question, but I was pretty sure her painful elbow and shoulder were trying to tell her something, by being a pain.

Her eyes widened with curiosity. "Ask my shoulder and elbow? Ok, 'bad shoulder and bad elbow, always causing so much pain. What's wrong with you?!" She scolded her shoulder and elbow while pointing at it, as if she was scolding a naughty toddler who had wet his/her bed again.

I immediately stopped her and said, "No, no, no, you must never talk to your body like that. For 73 years, your body and all of its parts and organs have taken very good care of you. Have you ever said 'Thank you' or 'I love you' or 'I'm sorry?'" The patient was in great shock. It was as if time had stopped for a minute, as she sat up in her bed trying to digest what I had just said. And she said, "Oh my, no! I have never thanked or talked to my body for 73 years! It all makes sense why I am in this situation that I am in right now. I deserve this. I have not been kind to my body." Then I suggested talking to her body in a kind manner.

She wanted an example, so I asked her to place her hands gently on the parts of her body that hurt and say, "Dear shoulder and elbow, thank you for 73 years of service. I am sorry I have neglected you and haven't noticed how hard you work for me on a daily basis. I sincerely apologize. I love you very much, and I would like to take better care of you from now on. I pray for you to feel better again."

As she talked to her painful shoulder and elbow, I could really sense her sincerity and I truly wished for Kami-Sama to grant her divine blessings.

After talking with the patient, I left the room to do other things. Several minutes later, she called me again. I was worried that she may still be in pain. But then she had the biggest smile ever. She said, "Edna, the pain is gone! I can't thank you enough for telling me this advice. And while I am thankful that my pain is gone, I still can't eat." For that I said, "You know what to do. Talk to your stomach." With big eyes and a big smile, she agreed. And she gently placed her hands on her stomach and started to talk to it and give thanks. She had a tray of food which she had not touched because she always would get nauseated and vomit. But she felt confident after her conversation with her own gut. And she asked me to hand her the cup of coffee on her tray. She took a sip of it, and smiled, "oh it's delicious!" Then she asked me to hand her the plate of sliced peaches. She was amazingly able to eat the whole plate of peaches and she felt good. From that moment, she didn't get nauseated. She was able to have an advanced diet in the coming days. Her PCA pump and TPN were also discontinued because she didn't need it anymore. And in about a week, I saw her walking in the hallways with an aide. In two weeks, she was discharged from the hospital. And the rest is history.

She is an example of someone who was able to receive a tremendous divine blessing through a change in her own heart. Spontaneous evolution occurred at the atomic level. She is the reason why I have been promoting the practice of talking to the

body to others when I get the chance to. I have received blessings by doing so, and so have my parents and several friends. It's a universal concept that can apply in every situation. Problems can be fixed with good communication. Appreciation, Apology, and Affection are so important in any relationship. Even the relationship with your own body.

September is the month for our Autumn Memorial Service. It will be held on Sunday, September 23 at 10:00 am. Naorai fellowship lunch will follow the service. This service is held to honor and remember our deceased loved ones. Our past interactions with them, no matter how subtle, has led up to who we are today. It could have been a memory of baking a batch of cookies with grandma. And because she taught you a secret baking tip, you are now an excellent cookie baker! Both big

**Appreciate everything
your body does for you.
Appreciate every part of
you and every
imperfection, seeing it all
as exactly perfect.**

EVA SELHUB, MD

things and small, the people of the past have taught us many things. Going back to the roots of our existence is important. There are so many people connected in one way or another that led to my existence. For example, if my parents did not decide to come to Hawaii to spread the faith, I would not be born. If the Founder of this church, Rev. Haruko Takahashi did not establish this church in Wahiawa, I would not be born. If the Founder Konko Daijin was not born, I would not be born. If the Founder's parents didn't give birth to the Founder, Konko Daijin, again, I would not be born. And so on so forth. All these chances that worked out the way it did, has led to me being in existence today. I am sure it is the same for you too.

I remember when I was in middle school. One of my classmates shared a story of her great grandfather who was supposed to ride on the Titanic. But he was late in arriving at the harbor, and the Titanic has already departed. He was very disappointed that he missed his trip...only to find out that it got capsized! But because my classmate's great grandfather did not get on that ship, he did not get involved in that tragedy and was able to establish a family. And my classmate was in existence. We owe so much to our ancestors and everyone connected to us. We must make it a priority to attend these memorial services and attend in time and in person. It's a small way to say, "Thank you. Because of you, I am here today."

What happens to us after death? The Founder, Konko Daijin said that even he doesn't know. But he did mention that if we live a sincere, honest life when we are alive, there is no need to worry about death.

Konko Daijin said that death is when the biological body is separated from the spirit. Like a kernel separated from its hull. The spirit will continue to live on even after we pass. So it's important to live a good life, so we will be remembered in a good way. It would be horrible to die having left only bad memories, while the people living continue to talk negative about an individual who has passed away. That is the definition of a true hell.

Because our consciousness remains after death, it is important to remember our deceased loved ones on a regular basis. Just a daily thought of them will keep their spirit happy. The Spring and Autumn Memorial Services are the Grand Ceremonies of the spirits. They have done so much for us. Let's give back to them by being present for this important service. Have a great month in September!

-Edna