



Wahiawa Konko Mission Children's Newsletter



Konko Mission of Wahiawa
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WAHIAWA KONKO MISSION MONTHLY SCHEDULE

March 2017

- 1 Wed -Monthly Svc. for Tenchi Kane no Kami-Sama (7:30 pm)
天地金乃神様 月例祭
- 3 Fri -Happy Girl's Day!
- 4 Sat -KMH Minister's Meeting at Honolulu Church
(9:30 am-12 noon)
- 5 Sun -Sunday Service 9:00 am *Share okage stories till 11 am
- 6 Mon -HCRP Meeting at Gedatsu Church (1:30 pm)
- 10 Fri -Monthly Volunteer Activity at WGHLTCF (10-10:45 am)
- 11 Sat -Church clean up 9 am
-Chorus Practice @HNL Church (2-4 pm)
- 12 Sun -Monthly Svc. For Founder, Ikigami Konko Daijin-Sama
(9 am) 生神金光大神様月例祭 *Share okage stories till 11 am
*Naorai lunch will follow
- 17 Fri -Preparation for Garage sale (9 am)
- 18 Sat -Garage Sale (9 am-2 pm) *Preparations at 7:30 am
- 19 Sun -Sunday Service (9 am) *Share okage till 10 am
-Honolulu Church Spring Memorial Service (10 am)
- 24 Fri -Church clean up for Annual Spring Memorial Svc (9 am)
- 25 Sat -Ehimemaru Memorial clean up (9 am)
- 26 Sun -Annual Spring Memorial Service (10 am) 春季霊祭
*Naorai fellowship lunch will follow
- 31 Fri -Church clean up (9 am)

April 2017

- 1 Sat -Monthly Svc. for Tenchi Kane no Kami-Sama (7:30 pm)
天地金乃神様 月例祭
- 8 Sat -Church clean-up for Grand Ceremony (8 am)
- 13 Thr -Wahiawa Church Spring Grand Ceremony (6:30 pm)

Konko Daijin says... "Nothing is more blessed than having an illness cured. Up to now, people have practiced faith in Kami only during sickness, and not during wellness," said Konko-Sama. You must also pray while in good health. Practicing faith is evermore important while not in pain. Request wholeheartedly for divine arrangement that will have your family and farm animals safe and healthy." (GI Ichimura Mitsugoro 53)

Editor's thoughts: When my dad got really sick on Veteran's Day last year, I prayed especially hard. Regular days with no happenings are really the best blessings. It's important to hold fast to our faith on a daily basis and give thanks. Then when we really have to pray hard during emergencies, your connection with Kami-Sama has already been established. And receiving blessings would come easier.

Sunday School Oath

I will advance my faith through understanding the Founder's teachings and will strive to become a more useful person to society.

Sincerity is the essence of my faith, and its basic principles are courtesy, kindness, and devotion in everything I do.

Happy Girl's Day!

3.3.17



CHURCH GARAGE SALE

Saturday, March 18, 2017

9:00 am-2:00 pm

All proceeds will go towards the church educational fund and help with the Summer Ohana Camp



Garage Sale



春季霊祭

Spring Memorial Service

When: Sunday, March 26, 2017 @ 10:00 a.m.

Place: Konko Mission of Wahiawa

Who: All is welcome to attend, since we all have ancestors that must be revered and remembered.

Memo: Naorai fellowship lunch will follow

"Immortality is important for humans. Immortality is when others keep praying for you after you die." (GI Kondo Tsuru 1)

During the service, Sensei will be reciting the names of our revered deceased. Please let sensei know of any new people you would like to include in the main prayer.

Konko Mission of Wahiawa Annual Schedule for 2017

- 4/ -Zippy's Fund-raising for Summer Ohana Camp
- 4/9 Sun -Honolulu Church Spring Grand Service, 11:00 a.m.
- 4/13 Thr -Wahiawa Church Spring Grand Service, 6:30 p.m.
- 4/16 Sun -Waipahu Church Spring Grand Service, 11:00 a.m.
- 4/21 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 4/22 Sat -Ms. Fusami Kudo's presentation at HNL Church (day 1)
- 4/23 Sun -Ms. Fusami Kudo's presentation at HNL Church (day 2)
- 5/7 Sun -Wailuku Church Spring Grand Service, 11:00 a.m.
- 5/12 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 5/14 Sun -Hilo Church Spring Grand Service, 11:00 a.m.
- 5/20 Sat -KMH Board of Trustees Meeting, 10:30 a.m.
- 5/29 Mon -Memorial Day Punchbowl/Mililani Memorial Park Visit
- 6/7 Wed -KMH Missionary Women's Society Meeting, at Waipahu Church.
- 6/9 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 6/17 Sat -7th Ohana Camp till 6/18 Sun
- 7/14 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 7/16 Sun -KMH Volunteer Activity at Kuakini Hospital, 9:30 am
- 7/23 Sun -Monthly Memorial Service/Back-to-School Service 9 am
- 8/6 Sun -WGH annual volunteer activity at 10:00 am
- 8/12 Sat -KMH Board of Trustees Meeting, 10:30 a.m.
- 8/18 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 8/20 Sun -44th Memorial Svc. for the Late Rev. Masayuki Kodama
- 9/15 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 9/17 Sun -Honolulu Church Autumn Memorial Service, 10:00 a.m.
- 9/24 Sun -Wahiawa Church Autumn Memorial Service, 10:00 a.m.
- 10/8 Sun -Honolulu Church Autumn Grand Service, 11:00 a.m.
- 10/13 Fri -Wahiawa Church Autumn Grand Service, 6:30 p.m.
- 10/15 Sun -Waipahu Church Autumn Grand Service, 11:00 a.m.
- 10/20 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 10/22 Sun -24th Annual HCRP Peace Prayer, Gedatsu Church, 4 pm
- 10/29 Sun -Hilo Church Autumn Grand Service, 11:00 a.m.
- 11/5 Sun -Wailuku Church Autumn Grand Service, 11:00 a.m.
- 11/17 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 11/25 Sat -KMH Board of Trustees Meeting, 10:30 a.m.
- 11/26 Sun -20th Memorial Svc for the Late Rev. Kikue Kodama, 11am
- 12/8 Fri -WGH monthly volunteer activity at 10:00 a.m.
- 12/24 Sun -45th Year Memorial Service for the late Rev. Haruko Takahashi, 10:00 a.m.
- 12/30 Sat -26th Annual Mochi Pounding
- 12/31 Sun -End of the Year Service, 9:00 a.m.



Happy Birthday

To all the people born in March
Please continue to receive
Infinite divine blessings from



Tenchi Kane no Kami-Sama and
Ikigami Konko Daijin-Sama

Rev. Michiyoshi Yasutake (Head minister of Amagi Church)

Rev. Rodney Yano

Jayden Adkison

Maelani & Jamie Rego

Rev. Edna Yano

Konko Mission of Wahiawa Spring Grand Ceremony For Tenchi Kane No Kami-Sama

Date: Thursday, April 13, 2017

Time: 6:30 p.m.

Guest Speaker: To be announced

*Naorai fellowship dinner will follow the service. Please make every possible effort to attend this very important ceremony on time, and in person.



We visited the Arizona Memorial on 2/24/17 in honor of Rev. Michio Miyake of Tokiwadai Church who passed away on 2/21/17. He was the initiator of the World Conference of Religions for Peace. (WCRP)



Rev. Rodney Yano and his wife, Mrs. Fong Yip came for a visit to Hawaii from San Francisco for February 22 to March 1. They always bring a ton of happiness and laughter. While here, we had Rodney Sensei do the sermon during Sunday Service. Rodney and Fong's presence in Hawaii subsequently attracts many friends to join in and receive their positive energy. Mr. Roji Oyama and his companion Ms. Kengi Shim also came to visit from San Francisco. We had a blast!



Editor's Note

Dear Reader,

Hello! I hope this newsletter finds you in great health and happiness. It is so important to be happy. Are you happy? What makes you happy? What percentage of your day is happy? Happiness attracts happiness!

I watched "The Secret", which is a documentary on how to make good things happen by the "Law of Attraction." I saw this video on Netflix a few times already in the past. And I must say it's a great film. Every time I watch it, I am re-inspired and feel re-energized. The teachings in the Konko faith practice are the same. I read them for many years, over and over again. The same teachings I read when I was an 8 year old hold new meaning versus when I read it at the age of 15 and again, a new meaning when I read it in my twenties, and now a deeper understanding of the same teaching when I am in my thirties. I wonder what the same teachings will mean to me when I am in my 40s, 50s, 60s, 70s, 80s, 90s, and 100s?

In the documentary, The Secret, it mentions that we are all equipped with automatic indicators of when we are able to receive blessings. Can you guess what it is? It's our feelings. When we feel happy, happy things and situations will be attracted to us. But when we feel anger, sadness, fear, depression and any other negative thoughts, undesirable situations get attracted to us and the so called, a chain of "bad luck" starts happening.

Okage wa wagakokoro ni ari, "The divine favor depends upon ones own joyful, harmonious and compassionate heart." This is a line mentioned in the Tenchi Kakitsuke (Divine Reminder) of Konkokyo. It's exactly what the documentary tries to explain. Divine favor is realized within our hearts. Whether they are feelings of joy or hatred—whatever we think will materialize.

If we are able to switch our hearts, we will immediately begin to notice that blessings surround us in every aspect of our lives. When I get upset or the feeling of irritation fills my heart, I say "Konko-Sama" in my heart, and I try to be mindful of my anger and try to force myself to think of something that brings me joy. Or I try to think about other people in much more troubled situations than me. Then the feeling of anger dissipates and I am able to feel grateful again. This takes a lot of practice. The moment we start dwelling on the negative events in our lives, the more our situation will get worse.

I saw this in a patient of mine one day. I work on the medical/surgical oncology unit, so many of the patients have cancer. This patient had lung cancer. It wasn't hard to tell that life was currently a suffering for him. He never smiled;

he did not like it when the staff entered his room. He was stoic and quite particular.

One evening I helped him back to bed from the bathroom. His body was weak. He limped carefully while I supported his right arm. His shoulders curled inward and his back was slightly hunched. I could sense his energy level was very low. His wife stood at the bedside.

Something in me wanted to help this patient. I knew his energy levels could change—with a bit of advice. I asked my patient, "Mr...., would you like to know something that can perhaps change how you feel?" He suddenly turned his head to the right and said, "Yes, please, I want to know. Please tell me as soon as I go back to my bed."

I helped him back and pulled his tan fleece blanket to his shoulders. Then he and his wife gave their full attention to me. "Ok, you can tell me now," he says. I asked him, "Have you ever talked to your organs, your cells, your body parts?" He replied, "No." I further said, "Right now you have lung cancer, but have you ever given thanks

to your lungs for having worked so hard and kept you alive till this day?" He replied, "No." "Are you able to say, 'I love you dear cancer cells?' 'Have you ever said Thank you and I am sorry dear cancer cells?'" A deep furrow formed between his eyes—the kind of puzzled look of "why would anyone say I love you to cancer?" kind of look.

I further elaborated that cancer cells are just like adolescents who rebel against their parents. They don't listen. But there is a reason why they rebel. A good parent would talk to their rebelling child and try to understand what is going on. However, a bad parent would kick their rebellious child out of the house.

I asked my patient how he feels about his cancer. "Don't usual people hate cancer? They want to fight it, kill it, burn it or cut it out through surgical intervention, right?" He nodded. Cancer cells do not want to hear those words, and they don't want to feel your hatred towards them. Doing so will make the situation worse.

Furthermore, not many people give thanks to their body parts when everything is normal. And the only time they would talk to their body parts is when it is not going well for them, or when it is hurting. Imagine you being a hardworking employee for a company for many years. You overworked yourself to the point of exhaustion, and now you are fatigued and broken beyond repair. Then your boss tells you that you are being lazy, and to work harder. How would you feel? You would become very upset and hurt. We do the exact same thing to our own bodies when we develop diseases and injury. Appreciation is so important. Our physical state and happiness level is a direct indicator of the entire health state of our body.

Pain and illness are the final visible indicators that are trying to communicate to you that something is broken in

Happiness is a choice; not a result. Nothing will make you happy until you choose to be happy. No person will make you happy unless you decide to be happy. Your happiness will not come to you. It can only come from you.

-Ralph Marston



your body, and we need to be mindful of that. We need to be mindful and appreciative while we are still pain free and disease free.

I explained how it is important to be mindful of not only our own body, but every element that sustains our livelihood. We need to be thankful for the family and friends that support us, the hospital and staff that delivers care, the food that is served at the hospital, the blankets and bed for your comfort, the elements of heaven and earth that enable all life to live—the sun, the moon, the air, water, and everything. The patient's wife began nodding her head in excitement, "Yes! Yes! My mother used to say to me every time, 'Kansha' (Gratitude). That when we are thankful for everything, the problems will naturally switch to good!"

The patient and his wife were in shock. Big drops of tears were rolling down the cheeks of his wife and his eyes were also welling up with tears. They plucked the tissue on the table and dabbed their tears away. The patient stated, "Wait, wait, wait, I must write this all down. I don't want to forget a single thing you said to me. I have never heard of such things in my life. Thank you so much." In my heart, I thought there is no need for this man to write down a single thing, for the energy level in his body has already changed to the better. The shock that they received is enough to change things around 180 degrees. I could feel his inner spiritual furnace bursting with energy. His heart had changed to positive.

That night, around 10:00, the patient's son came to visit. When I came into his room to offer his night medications, he said, "Edna, can you please tell my son everything you told me earlier. I want him to know this, too." Now, the patient, his wife and the son gave me their full attention and listened to me. It was a repeat of what I said earlier in the evening, but again, the patient and the wife were inspired. His son was also grateful and listened very carefully as he heard this for the first time.

From the moment I shared my thoughts to him, he did not talk to his family and the hospital staff in a gloomy, upset manner. Even his tone of voice changed. Instead of the, "can you get out of my room," phrase the staff would get from him, his expression changed to "oh, you can come on in." He began to say, "Thank you" for everything and to every body. The next day, I saw him out in the balcony of the end of the hallway in the wheelchair, accompanied with his son, quietly observing the world outside, and breathing in fresh air. It was a beautiful, peaceful scene. I opened the door to the balcony and greeted the patient. "Hi, it's your nurse, Edna. How are you feeling today?" He had his son turn his wheelchair so he could look at me and greet me, and replied, "I feel much better." He was stable enough to go home a day later.

In Japanese, disease is called *Byōki* 病気. It is made of two kanji characters. The first character, *Byō* implies a person lying in bed feverishly (according to wikitionary.org). The

second character, *Ki* means mood or spirit. Illness originates from the spirit or our mood.

When our heart is happy and full of joy, our container to receive blessings is big and empty, so an infinite amount of happiness can fill that container.

When we become sick, we tend to baby our diagnosis. We feel sorry for ourselves and constantly dwell on the thought of being sick, tired, and in pain. Sickness is probably just taking over 10% of our entire wellbeing. But because we dwell on it so much, it is taking over 90% of our lives. In actuality, 90% of our life is perfect, and only 10% is the disease. If we focus on the 90% that is perfect and give sincere thanks for it, we will be able to switch even that 10% of the disease in to good. And your life will soon normalize.

Konko Daijin teaches, "When you come here (to the church) and think you are receiving blessed teachings, your heart becomes tranquil. But when you are at home thinking about various things, you get angry. And your heart becomes disturbed. When you get angry, your face, even your lips change color. Those with weak bodies will succumb immediately and may experience headaches. Convulsive people will suffer from stomach pains. These maladies occur because when they get angry; their bodies stiffen, constricting the flow of blood. After one begins to cool off, the constricted blood starts to circulate again. When you are angry, reform yourself by praying to Kami to polish the mirror in your heart. Practicing faith to ward off sickness is having your heart save you. (Gorikai I Yamamoto Sadajiro 59-1,2,3)

Here's where I'd like to introduce to you, **Mrs. Fusami Kudo** of Japan. She is a survivor of terminal cancer. She was given a prognosis of just one month to live. She has given numerous inspirational speeches on her blessings throughout Japan. She will be coming to Hawaii and speaking at the Konko Mission of Honolulu for two days: **Saturday, April 22 (1:30 pm to 4:30 pm) and Sunday, April 23 (9:30 am to 11:30 am.)**

In the midst of despair, Mrs. Kudo was given a book on epigenetics entitled, The Divine Code of Life by **Dr. Kazuo Murakami**. Through reading the book, Mrs. Kudo was awakened by the meaning of life in her own sense. She was able to change her life of suffering in to a life full of gratitude. And while doing so, her terminal stage of cancer vanished and she was able to regain full health once again. She said thank you to the approximately 100,000 strands of hair that fell from her head during cancer treatment. "Thank you for being a part of me." Then she carefully wrapped the hair in tissue and disposed of it.

It is quite an honor for us to be given the opportunity to hear her story in person. It is open to the public with free admission. We would like to have her message heard to as many people as possible.

Thank you for reading till the end. We hope you can join us for the many events scheduled for March!

Sincerely, Edna

