



The Konko Missions in Hawaii will fulfill Ikigami Konko Daijin's vision to embrace the world with the Konko Faith.

## Attending the Konko Mission of Hilo's 90<sup>th</sup> Anniversary

Rev. Yomisu Oya, Konko Church of Sacramento

Under the clear blue skies, Tenchi in Big Island welcomed all of us who celebrated the Konko Mission of Hilo's 90<sup>th</sup> anniversary. The Konko Mission of Hilo was established on November 3, 1929. Thirty-five attendees from Japan and representatives from other churches from around the state joined the Hilo congregation. Reverend Yoshiteru Takahashi of Karasuma-kyokai, Kyoto, Japan led the service as the head officiant. Reverend Makio Nagai of Hilo and KMH ministers from neighboring islands assisted the service.

Following the Main Prayer and Tamagushi Offering by the head officiant, Reverend Naritsugu Matsuyama of Okayama-chubu offered Tamagushi. He presented the following message:

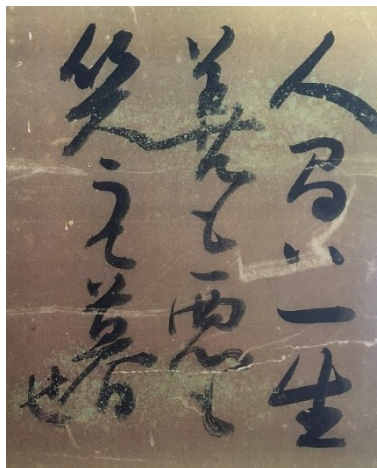
"During 90 years of this church, there were many hardships. Especially during the war between the United States and Japan, all the missions in Hawaii had to close. All the head ministers were sent to the United States mainland internment camps. Reading Nishida sensei's memoir, I realized that Kami-Sama truly protected Fuji-okusama and her young children during the war. I am so grateful that we are able to celebrate this 90<sup>th</sup> Anniversary here today. I wish and pray Nagai Makio-sensei and Yoshie-sensei and all the members practice faith together to actualize Kami's blessings at Hilo, Hawaii. And from this land, please spread Konko Daijin's faith for world peace and for helping Kami save humanity."

After the service, Reverend Yoshiteru Takahashi delivered a sermon. He expressed his pleasure in partaking this memorable service. At this special occasion, Reverend Takahashi remarked on renewing our faith. Introducing an interesting Enma tale and sharing his own experience, Reverend Takahashi pointed out that "self-reflection" is the key to practicing faith. At the end, he concluded that we should practice faith, eliminate our selfishness, gain divine virtue, and actualize the way of Kami and people.

Hearing how Reverend Takahashi introduced the faith of the late Reverend Narimitsu Matsuyama

(Reverend Naritsugu's grandfather), I realized that the faith, which our Founder started 160 years ago, penetrated into the hearts of the people in Kyoto. Kyoto is famous for its rich Japanese culture. This faith crossed the seas twice. Reverend Narimitsu Matsuyama was the first minister who crossed the sea and spread the Konko Faith abroad. He entered the Konko Faith at Karasuma-kyokai. Receiving the third Konko-Sama's Mediation, he arrived at Dalian, China in 1907. In 1914, the late Reverend Yoshifusa Nishida received blessings at his church, and he came to Hilo in 1929.

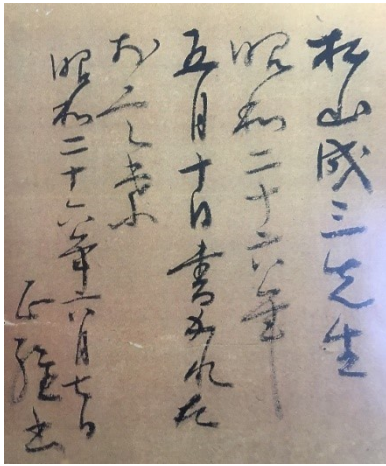
As mentioned after the service, Nishida-sensei took Matsuyama-sensei's words deep into his heart. Reverend Nagai once showed me Reverend Matsuyama's writing. Reverend Masao Takahashi wrote the date on the back. Knowing that Reverend Matsuyama passed away on May 31, 1951, we learned Reverend Matsuyama wrote these words twenty one days before his passing. And Reverend Masao Takahashi inscribed this date seven days after Reverend Matsuyama passed away. Thus, this may have been Reverend Matsuyama's last message to Reverend Nishida.



He wrote, "人間は一生善も悪も 笑うて暮らせ (ningen-wa issho yoki-mo ashiki-mo waroute kurase)," This translates to "Good or Bad, laugh throughout life."

I thought that this powerful message was formed after crossing two countries' borders – from Japan to China, and from China to the Big Island. In other

words, this is the essence of the faith after crossing two different cultures. Therefore, this expression



could take us to the original meaning of the Konko Faith. Then, one scene came to my mind. That was the moment when our Founder drew a big circle in his memoir. He expressed deep emotion when he remembered the moment Kami spared his life at age 42. He wrote:

As I write up to this

point, I am filled with deep emotion. Then Kami-Sama encouraged, "Konko Daijin, these deep emotions are not only your own. If I, Tenchi Kane No Kami, were a poet, I would express these emotions through poetry. However, I am incapable of doing so. I am overjoyed..."

When our Founder wrote about this event, he was overwhelmed, speechless, and drew a big circle. Kami also expressed joy and happiness for seeing "how man has been saved and how Kami has been realized."

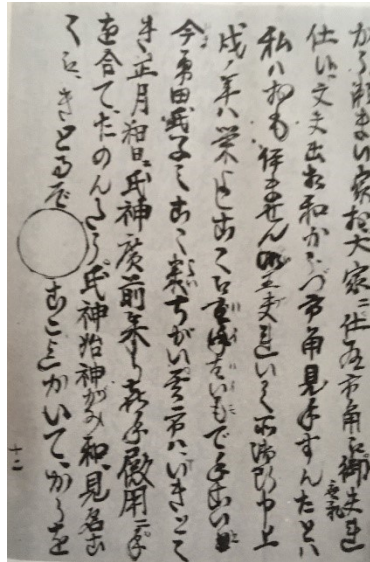
Our faith stated with this indescribable and incredible

joy. Therefore, "Good or Bad, laugh throughout life" would make Tenchi overjoyed. No matter what happened, if we could "laugh," the situation could change. Those who practice faith and "laugh" at "good" or "bad," are invincible. Kami loves them.

At the end of the service, Reverend Makio Nagai expressed his appreciation to all who joined the celebration. In his address, he stated, "Faith should not be compelled. Faith is understanding. Faith is taking care of others. Faith is to be connected."

The Reverends Makio and Yoshie Nagai beautifully succeeded the

faith brought by the late Reverends Yoshifusa and Fuji Nishida. Witnessing this inspires me to realize the divine virtue. This virtue was accumulated by 90 years of continued prayers from Karasuma and Dalian (presently Okayama-chubu) to Hilo.



## Mahalo for 90 Years

George Greenhouse, Konko Mission of Hilo

HAPPY NEW YEAR! Minasan shogatsu omedetoo gozaimasu!

We celebrate each new year with gratitude for the multitude of blessings bestowed upon us the previous year. Last year my wife and I received the blessing of being able to join and be a part of the celebration of the 90th Anniversary of the Konko Mission of Honolulu, where my introduction to Konkokyo had its roots, with the Revs. Masayuki and Kikue Kodama, as well as the Kodama family. At a very young age I attended services with my grandparents, Zenji and Kiku Takahashi, and other family members. My faith continued to flourish under the guidance of Revs. Yoshifusa and Fuji Nishida after moving to Hilo around 1949. My faith continues to strengthen and develop under the tutelage of Revs. Makio and Yoshie Nagai.

2019 marked the 90th Anniversary celebration of our Konko Mission of Hilo. With great gratitude we celebrated the lives of Revs. Yoshifusa and Fuji Nishida who came to Hilo's shores in 1929 to begin missionary work. They aspired to continue the works of our Founder, Ikigami Konko Daijin, whose desire was to embrace the world with the Konko faith. Nishida Sensei persevered through humble and difficult be-

ginnings to establish, develop, and spread the Konko faith throughout the Big Island. Their devotion and dedication is reflected in the many lives they touched through succeeding generations. The foundation of the Konko faith that they established is carried on today by the Revs. Makio and Yoshie Nagai.

Our gratitude to all of you who assisted and participated in our celebration is boundless. Head officiant for our service was Rev. Yoshiteru Takahashi, of the Karasuma Kyokai of Kyoto, Japan, who led a contingent of 20 shinja from Japan. Rev. Naritsugu Matsuyama of the Okayama Chubu Kyokai delivered the Aisatsu message of greeting. Guest speakers were Rev. Yoshiteru Takahashi and Rev. Yomisu Oya of the Konko Mission of the Sacramento Kyokai. Conducting services with Rev. Yoshiteru Takahashi were Rev. Mayumi Yasutake (Waipahu), Rev. Yasuhiro Yano (Wahiawa), Revs. Hisayo and Roy Yasutake (Wailuku), Rev. Koichi Konko (Honolulu) and our sensei, Rev. Makio Nagai. We are especially grateful for the Konkokyo 'ohana throughout the State of Hawaii who made their way to Hilo to highlight our special moment.

Much "Mahalo" to Rev. Yomisu Oya who came three days ahead of our special day, and to Rev. Roy Ya-



sutake who came two days earlier to help and assist our sensei in preparation for our 90th Anniversary. Rev. Yasutake always comes a day before our Daisai services to assist our sensei. Roy sensei, "Gokurosama deshita!"

Rev. Oya also prepared and presented a translated version of Rev. Takahashi's hanashi on the TV screen. What a treat for our English speaking audience!

Thank you all for making our 90th Anniversary successful and memorable!

Let us pray for the continued successful propagation of Konkokyo throughout Hawaii and the world. We pray soon, selfishly, that Gohonbu will answer our prayers, allowing a sensei(s) to come to Hilo to continue the works of Revs. Yoshifusa and Fuji Nishida and Revs. Makio and Yoshie Nagai.



## *Congratulations on 90 Years of Service and Dedication to the Konko Mission of Hilo!*

### **Tribute**

George Greenhouse, Konko Mission of Hilo

As we celebrate the 90th Anniversary of the Konko Mission of Hilo, we are also celebrating, with great gratitude, the lives of Reverends Yoshifusa and Fuji Nishida, the founders of our ohiomae in 1929. Although faced with the challenges of beginning a pilgrimage in a foreign land, Rev. Yoshifusa Nishida brought the teachings and the Kami Way of Life to Hilo's shores. He established the first Hiromae in the Puueo district and began in earnest to perform otoritsugi for our salvation. Rev. Fuji Nishida soon joined him with their children. During the war years, after which Rev. Yoshifusa Nishida was interned, Rev. Fuji Nishida kept the doors to our Hiromae open while raising their children. As Konkokyo grew in Hilo, Rev. Yoshifusa Nishida relocated the church to the Piopio area and finally to its current home on Huapala Lane.

Let us cherish with gratitude the role our Sensei played in our faith's growth and development. Let us continue to strengthen and deepen our faith that Sensei's work shall not have been in vain and that the memory of their presence in our lives be forever embedded in our minds, in our hearts and in our prayers.

Konkosama said that even after his physical form is gone he will continue to be with us, watching over us, protecting, guiding and helping us. Let us believe that our Sensei, Revs. Yoshifusa and Fuji Nishida will live on eternally in this manner. I pray that all of us who have become their children through their teachings, guidance and otoritsugi can continue to call on their mitama for help.

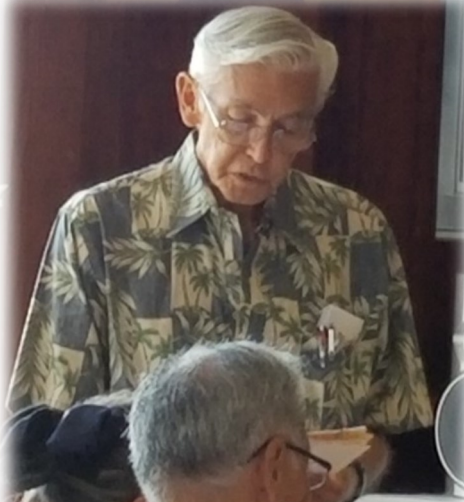
With this celebration, we express our deepest, most heartfelt gratitude to the Reverends Makio and Yoshie Nagai, who, with tremendous dedication and devotion, are carrying on the works of Revs. Yoshifusa and Fuji Nishida. Thank you, Sensei, for continuing the practice of otoritsugi and keeping stability in our faith's growth and development.

Revs. Yoshifusa and Fuji Nishida, and Revs. Makio and Yoshie Nagai, Arigatoo Gozaimasu!

With gratitude,

Congregation, Konko Mission of Hilo





# Renew Our Faith

*Rev. Yoshiteru Takahashi (Karasuma-kyokai, Kyoto, Japan) presented this sermon at the 90<sup>th</sup> Anniversary of the Konko Mission of Hilo*

Congratulations! My name is Yoshiteru Takahashi of Konkokyo Karasuma-kyokai, Kyoto, Japan.

I accepted Rev. Nagai's request as *goyo* for Kami. It is my great pleasure and honor to serve Kami today. At this special occasion, with all of you, I would like to renew my faith by recalling the faith of our Founder, and our predecessors.

The late Rev. Nishida, the first head minister of this Hilo Mission, entered the Konko Faith at Dalian-kyokai. He was strongly influenced by the late Rev. Narimitsu Matsuyama of Dairen-kyokai, who later became the first head minister of Okayama Chubu Kyokai.

Let me introduce Naritsugu-sensei. He is sitting in the front seat. His father, Narumichi-sensei once told me the following story:

He once asked a senior minister, "What is the difference of faith between me and my father (Narimitsu-sensei)?"

The senior minister replied, "Suppose you suggest others a bath. Narimitsu-sensei would already be in the bathtub and invite others. But, you would be standing by the bathtub, and inviting others to take a bath. Which way would motivate you to take a bath?"

Narimitsu-sensei was happily filled with blessings. He never made people practice faith. Even a new believer never felt small or uncomfortable. Anyone naturally received the teachings under Sensei's care. Narimitsu Sensei was such a sensei.

In the book he wrote, "I have practiced my faith more than I taught. **I have to be a true sensei first. I have to become a person who can do true goyo.** I have been thinking about it all the time. Therefore, teaching others is 20% to 30 %. Practicing my faith is 70% to 80%."

Practicing his own faith was the most important training for Narimitsu-sensei. Our Founder also said, "I do not know when Kami dismisses me." Self-reflection is very important. Even though I have practiced faith for a long time, I am still hesitant in keeping good faith.

A long time ago, at a store selling altar goods in Konko, I did not have enough money to buy a ceremonial hat. I asked if I could make a payment at my next visit. A friendly worker agreed.

I came back to the store to pay my debt. The store owner was working there at that time. Checking their record, he said, "Karasuma-sama, we've already received your payment." I saw my name on the record, and the name was crossed out with a red pen. "Lucky!" I thought. But, soon afterwards, I felt wrong for feeling lucky. Good and bad spirits started battling in my heart. Greed is a powerful thing. All of you might feel fine, but I don't have such confidence. Therefore, I couldn't laugh at them. I finally made



up my mind. Then I said, "There must be some mistake. I don't think that I made a payment. I wanted to buy a ceremonial hat, but I didn't have enough money at that time. I came to make a payment today." He checked the record again and found that no payment was made. I made a payment, and I went back to church.

At that time, I wondered if the store owner thought, "Wow, what an honest person!", "A person who practices Konko-Sama's faith is great!", or "I should be like him." What a pitiful man I am! Even if I prayed single-heartedly by saying "Ikigami Konko Daijin Sama," if I have such a miserable heart, it is useless. Honesty is essential.

The other day, I read a paper about a police officer getting fired because he was caught attempting burglary on an item worth 100 dollars. A young judge in Tokyo stole some small things and was caught. Education, knowledge and wisdom have its limitation. I don't think that I can laugh at those people, because it could happen to me. I have exactly the same characteristics. However, I do have Kami-Sama that I can cling to. Kami-Sama could take my misguided actions away. This is what faith does for us.

Konko Daijin taught: "Whether you save or kill yourself depends upon your own heart." People say that *kokoro*, our hearts, tend to roll as *koro koro*. We need to practice faith to make sure that our *kokoro* will not roll in the wrong direction.

When we were born, spirits were bestowed by Kami. The works of the spirit are:

Understanding good or bad

Reforming oneself to be good

Helping save others from their difficulties

The spirit changes one's self-centered way of living and guides us to a mutually fulfilled life.

Lastly, I would like to share a story about the spirit.

A long time ago, a man who was near death went to the Enma's gate, the world of death. A clerk working over there checked his name, and said, "Your record has not arrived here yet. It is too early to enter. Go back to the world of the living." He thankfully left the gate and saw many pavilions – Hell, Gokuraku, Starvation, Takamagahara, Heaven, and etc. He thought that it was a great opportunity to see these pavilions. So he decided to visit.

The first pavilion he visited was *Jigoku*, Hell. He heard that hell was such a fearful place. Red and blue devils who live there, poke, grind or boil people. However, what he saw was quite different. There was a round table with a white table cloth in a clean western style room. He found gorgeous Chinese dishes on the table. *Jigoku* was not so bad. He saw people in the room. They were so skinny.



And they were arguing with each other. "This is hell." Looking at delicious foods in front of them, they have to be hungry and they fight each other. Why don't they eat? He observed them carefully. Then he saw that their left hands were tied with ropes.

"I see. Once they get a nice seat, people cannot stand up again. Even after death, positions like politicians or ministers are hard to leave."

Then he looked at their right hands. The spoons were tied to their wrist. "Oh, I see. They cannot set themselves free from the desire to eat." Looking at the spoons closely, he found that the spoon was very long. Seven foot long spoons prevented them from eating their food. All the food poured behind their backs. Then, they blamed each other. Indeed, this is hell.

The next visit he made was the Heaven Pavilion. This is it! This is the place that I will go. He took a close look. The structure of the pavilion was the same. There was gorgeous dishes of food on the table with a white cloth. The difference is the people. All of them seemed so happy.

They were eating well and enjoying themselves. They sang songs and talked to each other in a friendly manner. The rooms were the same, but the people were different. Indeed, this is heaven.

He then looked at their hands. Their left hands were tied to the chairs, and right hands were tied to the seven foot long spoons. In heaven, people were helping each other to eat. The spoon was long enough to reach each other. Using these long spoons, they shared the food. Even though the circumstances were the same, if one tries to eat only for oneself, the situation will be hell. However, if one fed others, the room becomes heaven.

Once he realized this small difference, he found himself back on his own bed.

The spirit changes one's life from selfish to mutually fulfilled. Our Founder and Matsuyama-sensei sought the right way for the spirits which were bestowed by Kami. Let us receive our Founder's faith and receive Kami's virtue to actualize mutual fulfillment between Kami and people.

## Takachiho, A Hidden Gem

Karen Taniguchi, Konko Mission of Waipahu

The road to Takachiho was long, but in the company of old friends and with help from new friends, the passage was smooth and it opened up to us new encounters with people and unexpected views of Kyushu. Getting there requires some effort, for there are

no public transit systems that go directly to Takachiho but we were fortunate to have Reverend Toshihiro Kojima and his wife volunteer to drive us there from Amagi. They were also our guides. The scenery we saw was unlike what one typically sees from the windows of the Shinkansen. We saw country roads, small towns, terraced rice fields, pasture lands with animals grazing, and mountains up close and far away. As we got closer to our destination higher up in elevation, we saw white plumes coming from Mt. Aso and a part of a large caldera which didn't look like a volcanic crater for it was large enough to house communities within it; homes, farms, ranches and businesses. It took three hours to get from Amagi to Takachiho. We arrived in the late afternoon and our drivers wished us safe and happy travels, turned around and drove back to Amagi! We were thankful for their cheerful company, stories, and safe driving.



A major geologic feature of Takachiho is the gorge. It was difficult to imagine seeing a gorge there, for we saw nothing that resembled a canyon or valley anywhere as we arrived at the site. From the parking lot, we followed the crowd and walked down a long slop-

ing path, really steps, taking care to look down as we walked, to keep from slipping on the wet rocks. As we turned a bend we paused and finally looked around. There it was. Below us, a river trickled into a small creek that was punctuated by large boulders. And to its left lay a lake, peppered with many slowly moving row boats. Flanking the lake on both sides were solid, tall, black basalt rocks. This was the famed Takachiho Gorge. Further upstream we could see the waterfall. It was breathtaking. We stood in a long line, waiting to purchase a ticket to get a boat to row to the waterfall. As we waited, we watched the boats offloading their passengers and take on new passengers. For city dwellers like us, this was an exciting experience, and watching as we waited, was instructive, especially for the designated rower. It gave them a chance to study rowing techniques and navigating strategies. We saw some boats shove off the dock, stall, then go around in circles, struggling to move

forward. Eventually, everyone got the hang of the new skill and managed to paddle on to join the other boats clustered around the waterfall. There were other rowers who took the oars confidently, dipping into the blue-black waters, with strong, good rhythm, sailing smoothly to the waterfall. Many boats like ours bumped into other boats, with rowers and riders nervously apologizing and even laughing. The metaphor here, of life was not too difficult to grasp, and it was fun to watch the learning process unfold.



Not too far from the gorge was a rest stop with refreshment and souvenir shops. The entrance was brightened with brilliant fall foliage, perfect for picture taking. We sat on the outdoor wooden benches and heard that there were giant sturgeons in the ponds behind us. We went to investigate.

We saw a family of sturgeons, maybe two feet long, looking well fed, lazily swimming in the frigid water, maybe hoping for more food from the admiring visitors. I thought of caviar.

Takachiho is also a place of cultural importance. It is the spiritual home in the mythology of the sun god, Amaterasu. In this ancient legend, Amaterasu took refuge in a cave in Takachiho, and when she did, the world was plunged into darkness. We were treated to a kagura dance which told this story, and according to the story teller the original kagura is an epic performance many hours long. We saw a short segment of the story. This was a prelude to our excursion the following day. We were taken to the very place where the goddess fled. Through Taiyo Kanemitsu, our coordinator's very special connection, we were allowed to enter a viewing area that is considered so sacred that the general public is barred from entering. The overseer of these grounds spoke



about the significance of the site. From there, we walked to the grotto, Amaterasu's final place of refuge. It was a rainy day, and here too, the path was slick and slippery with moisture. We stopped from time to time, to rest and admire the beauty that surrounded us. Behind us where the trees were sparse, rays of sunlight filtered through to light up the little creek that receded into the forest beyond; another picturesque photo opportunity. As we finally approached the grotto we

saw what appeared to be hundreds of stone offerings of many sizes. Stones were placed one on the other, some piled high, some not unlike the kasane mochi of new years day and also not too unlike what we see when we visit the volcano on the Big Island. We asked about the significance of those offerings and were told they were not originally a Japanese gesture. Here, we saw the influence and appreciation of the cosmopolitan mixture of visitors to this sacred site.



We experienced nature's wonders, at Takachiho, and also the warmth of the people we met: Reverend Michimori Tanaka of the Takachiho church, his wife Michiko, and the ladies who prepared a feast for us. As we walked up to the church entrance, we were greeted with music and a welcome line. Members shook our hands in sincere greetings and presented us with a Japanese style snack lei. A small band struck up a lively tune, "When the Saints Come Marching In". Both delighted us. The musicians of the band were the children that the Reverend and his wife were fostering. They were shy to meet us, but they played their harmonica, keyboard, and drum with gusto! Many of us smiled at the memory of the song. Just two nights earlier, we were entertained at





dinner at the Amagi Church to the same song, but that one was done in comedy and great mirth. The ladies of Amagi sang and danced with bowls in the hands to the words from, "Oh, When the Saints



Come Marching In". The thing is, their Japonized rendering of the lyrics came out to sound like, "Owan da se". Say it and you will hear the words, "Oh when the Saints". Owan are the bowls they held in their hands, "da se" means to fetch. So, comically, and with great fun, they sang and danced to "bring out the bowls"; to serve the sake, I'm guessing. It was cleverly "punny". Reverend Tanaka told us of the great blessings his church and congregation had received from Kamisama. The first was received after a fire destroyed their church. It was providence that a church member



knew of a homeowner who had an unoccupied house nearby. Through this intervention, a temporary church and residence were established immediately. Later they had to move again, due to unexpected circumstances, and again another site quickly became available. The last okage was in finding the current

property atop a hill overlooking the lands below. Reverend Tanaka said that they have gratefully accepted each of these interventions as divine interventions. They were finally able to purchase the land and build their church there. The church was not quite finished, and in the final stages of construction but we were feted to a grand lunch there. It is a beautiful church with a high roof and a loft above the worship hiromae, with lots of light shining through. Reverend Tanaka spoke of his gratitude to Kamisama and that sincerity showed on his face. Later, at lunch, he sat with us and traded stories with us. His wife was also very gracious, flitting from one guest to another, making sure we were served amply, a smile and twinkle always in her eyes. After lunch we taught them the hula, "Hawaiian Lullaby" and invited them to dance with us. We were rewarded by their happy faces as they joined us in dance. We took with us the memories of their hospitality, smiling faces, aroma therapy

hand massage, and their stories, and left behind a little bit of Hawaii, particularly, in the message, of the song, "I can smile when it's raining, and touch the warmth of the sun. I hear children singing. . ." We hope our gift of the CD and the dance will spread the spirit of the hula to others, too.

Many thanks to the people who helped make our visit to Takachiho memorable: Taiyo Kanemitsu, for working hard to arrange, coordinate and drive us to our Takachiho experience, our other drivers, Rev. Mitsuhiro Arita from the Hagiwara church in Kumamoto and Tomomi Kinoshita, a friend we

knew from three years ago, when she came to Hawaii. It was through divine intervention that we were able to open our eyes to new experiences of people and places. We carry with us the wonderful memories of our trip to Takachiho.







## Keeping Faith During COVID-19 Unease

As we are all abundantly aware, the state of Hawaii, has joined the rest of the world in a fight against an invisible killer. The uncertainty and fear associated with COVID-19 (Coronavirus) has brought people around the world to their knees.

Governor Ige has announced that everyone in the state of Hawaii is to practice social distancing and avoid large gatherings of 10 or more people. The Konko Missions in Hawaii has, in accordance with the Governor's directive, decided to not allow members to gather for church services. The churches will remain open for those who still want to seek direct Toritsugi mediation with the Sensei at the Okekai. However, all services will be closed to members for the time being in order to protect everyone. Some churches, with the capability, will be live-streaming the services, so that we can join in prayer and turn our hearts to Kami from the comfort of our own homes. As always, your ministers are always available through the phone or emails.

Through this time of instability it may be difficult to remember that Kamisama is still here as always. What has helped me through my anxiety about this ordeal, is to remember that Kamisama never gives us anything that we cannot handle. I cling to this in hopes that we will be able to come through this scary time stronger and wiser.

KMH has many difficult decisions ahead, but the church and Kamisama will always be here to serve its members and the community. I find some comfort in knowing that there is no change in the fact that the ministers are all still praying for us daily. We can all in turn add our prayers to theirs for everyone in Ha-

waii and the world to pull through these challenging days ahead.

Let us all do our part in preventing the spread of the virus. The CDC has put forth ways to protect yourself and others through this pandemic.

- ◆ Clean your hands often! Washing hands thoroughly with soap and water for more than 20 seconds at a time, often throughout the day is one of the best ways to prevent infection. Try singing the Happy Birthday Song TWICE when washing your hands. 60% Alcohol based hand sanitizer is a good alternative when washing your hands is not possible.
- ◆ Avoid touching your face (eyes, nose, and mouth) with unwashed hands.
- ◆ Avoid close contact with people who are sick. This is especially important for the elderly and those with underlying medical conditions.
- ◆ Stay home when you're sick.
- ◆ Cover your cough or sneeze with a tissue, and then throw the tissue in the trash. If you don't have a tissue, sneeze or cough into your elbow.
- ◆ Clean and disinfect frequently touched objects and surfaces using household cleaning spray or wipe.
- ◆ Wear a mask if you are sick.

Be aware that there is a lot of misinformation regarding the Coronavirus. Please get information from reliable resources. The situation changes daily.

**Keep vigilant. Stay calm. Be safe.**

# Konko Missions in Hawaii

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Konkokyo Hour : Radio K-ZOO AM1210 at 7:00 a.m., every Sunday

To:

## KMH Mission Statement

The Konko Missions in Hawaii addresses the spiritual needs of the people of Hawaii by promoting the Konko faith through a better understanding of the life and teachings of Konko Daijin, and through the practice of Toritsugi (Divine-Mediation).

“Malamalama” is now available through e-mail!

For our devoted readers who would like to receive the “Malamalama” electronically, please let us know at [kmhcenter@konkomissionshawaii.org](mailto:kmhcenter@konkomissionshawaii.org)

For our readers who would still prefer a hard (paper) copy, please do not hesitate and let us know.

Thank you!

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